

Summer Camp 2016

Black

blue - brown

white - green

Friday

6:00 pm -9:00 pm	Saeki Sensei general session + grading preparation (Ingram Sensei & Scales Sensei)
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Saturday			
8:00 am - 9:00 am	Kobudo - Bo Kihon. Scales Sensei and Ingram Sensei		
10:0 am - 2:00 pm	Mini camp Senseis Wijnstra, Arnaud and Deugas		
9:30 am - 11:00 am	Saeki Sensei	Scales Sensei - Grading Syllabus. What you need to pass	Ingram Sensei - kihon: watch your feet but don't look at them
11:30 am- 1:00 pm	Sensei Scales - Sanchin Kata. How to link it to all your Kihon and Kata	Ingram Sensei - kihon more like kumite	Saeki Sensei
Annual General Meeting and Elections			
2:00 pm - 3:30 pm	Ingram Sensei - metsuke and seme in kihon and kata	Saeki Sensei	Scales Sensei - Grading Syllabus. What you need to pass
3:30 pm - 5:00 pm	Grading		

Sunday

8:00 am - 9:00 am	Kobudo - Bo Kata Sakugawa no Kon Sho. Ingram Sensei and Scales Sensei		
9:00 am - 10:00 am	Saeki Sensei	Scales Sensei - Kata, correct sequence, timing and performance.	Ingram Sensei - Heian sandan and yondan
10:30 am -12:00 pm	Scales Sensei - Goju Shiho	Ingram Sensei - Tekki nidan	Saeki Sensei
12:30 pm - 2:00 pm	Saeki Sensei general session		